

Triangle Game

Objective – possession and passing angles

GameFocusResetProgression

1. Pass the ball through the triangle
2. Count the number of passes
3. If defender even TOUCHES it then passer goes into triangle

1. Speed of reaction
2. Deception
3. Drag the defender
4. Comfort under pressure
5. Communication
6. Running off the lines
7. Watch the angles
8. Different passes

Swop new defender in

1. Smaller triangles
2. Fixed number of balls
3. Timed

