

# Skills video list

3d Carry

3d elimination – Open Stick

3d elimination – Reverse Stick

3d How? and Tennis

Block tackle

Chop

Board bashing

Box

Check stop – large

Check stop small

Indian Dribble

Minefield

Neutral stick

Reverse stick dummy

Reverse stick shave tackle

Shave tackle from stop

Short Corner spin flick

V drag

V drag live

wide rollout

Yard