

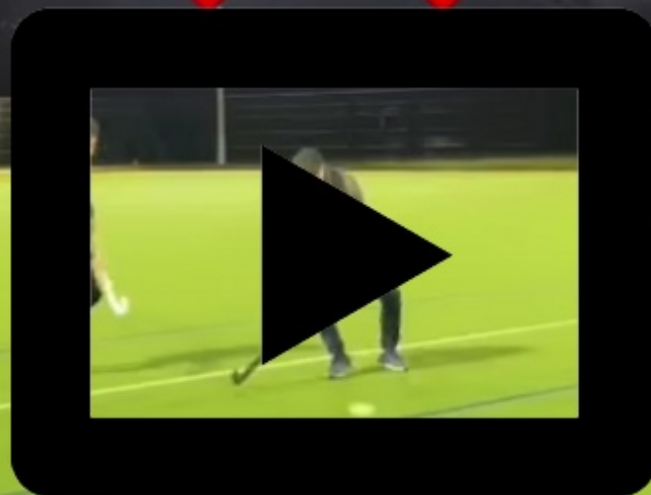
Receive the ball

Instagram Link



Instagram Link


Standing still



**Receiving the ball
under pressure 🔥**

Instagram Link



 **Easy way to improve
your right to left receive**

Instagram Link



