Playing out from the back

Core concepts

1. Attracting pressure deep to create space higher up the pitch.
2. Creating overloads.
3. Exploiting space.
4. Looking for the furthest pass.
5. Finding the free man.
6. Finding the third man.
7. Recognising when to play long direct passes if the opponent's defensive line is high or if they choose to defend 1v1 at the back.

With thanks to Tom Skeath — @tom_skeath