

FUN! – What kids want in sport

In support of England Hockey's "Golden Thread" here is some research around what kids really want in the sporting activities.



The research was carried out by Dr Amanda Visek a researcher from George Washington University. She is also an active sports coach.

Her research provides significant insight into what makes sport fun for kids – the links and attachment (if you listen to the podcast as well) describe how she gathered the information and then used 'concept mapping' techniques to provide a visual reference as to the key elements of fun for children.

The text of the research is here:

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4201634/>

I have also downloaded a presentation (PDF) PPT – attached

An article summarising the salient points – see here

Stuart Armstrong's Podcast with Amanda – see here

(If you need to learn how to get podcasts setup then go here)