

Criteria for team strength

Phil Jackson – “The strength of the team is each individual member. The strength of each member is the team.”

Great teams know how to come together.

1. They trust each other.
2. They communicate.
3. They connect.

A great team is not a group of individuals seeking personal recognition, it's a collective group that trust each other enough to work towards a common goal.

They work together and they care for each other.

Great teams remove their ego from the decision-making, here are 8 Things that Bring a Team Together:

1. **Vision:**

A compelling vision provides direction, alignment, and inspiration. When there is a shared vision, it brings everyone together for one shared purpose. It aligns team members towards common objectives, fosters that sense of purpose, and provides a framework for decision-making and action.

2. **Connection:**

You can't lead and create change without connecting and building relationships. People have to know who you are and know that you care for them. Building connections creates a sense of belonging and camaraderie, which enhances cooperation, reduces conflict, and makes the environment more enjoyable and productive.

3. **Trust:**

Trust is earned, not given. People have to know that you are reliable and a person of integrity. When people know what everyone stands for, they can begin to trust each

other. Trust is crucial because it enables open communication, reduces the need for constant supervision, and allows for vulnerability, which is key to genuine teamwork and problem-solving.

4. Communication:

Teamwork begins and ends with your ability to communicate with each other. This means sharing and receiving information, decisions, ideas, and feelings. It's important to make sure people feel heard and understand what is expected. This prevents misunderstandings, improves collaboration, and supports effective problem-solving and decision-making.

5. Optimism:

Optimism matters because it brings strength, resilience, and hope during those tough times. It brings teams together through a positive outlook towards team goals. Optimism helps teams to persevere through challenges, view setbacks as opportunities for growth, and maintain motivation and morale.

6. Enthusiasm:

Your energy is contagious. Bring energy and enthusiasm every day for what you do and how you do it. A positive energy brings eagerness and engagement. It brings people together because it drives that engagement and increases productivity. Enthusiasm can uplift an entire team's spirit and commitment during tough those days.

7. Respect:

If you have trust and respect, positive conflict will lead to growth. Respect means valuing each other's contributions, qualities, and differences. It's essential for creating a positive, inclusive, and supportive environment which improves cooperation and reduces conflicts.

8. Gratitude:

A moment of gratitude makes a difference in your attitude. It means acknowledging and appreciating each other's efforts and contributions. Celebrate the small

wins and victories. It matters because it creates a culture of appreciation and strengthens team bonds, making team members feel more valued and motivated.
