

# Coaching Podcasts

Podcasts are a great way of learning whilst you can be doing some other mundane activity (driving, on the train – walking the dog?)

If you are seriously interested in doing this properly then you can get some great tools for your phone that enable this to be managed even easier. (see instructions at the bottom of this page)

Some great podcasts are:

1. <https://podcasts.apple.com/gb/podcast/the-talent-equation-podcast/id1209549739>
2. <https://www.theinvestorspodcast.com/episodes/the-culture-code-daniel-coyle/>
3. <https://buffini.libsyn.com/the-culture-code-with-daniel-coyle-193>
4. <https://www.tocculture.com/podcast>
5. <https://podcasts.apple.com/gb/podcast/cutting-edge-coaching/id1561404117>
6. <https://thelearnerlab.com/trevor-ragan/>
7. <https://podcasts.apple.com/gb/podcast/way-of-champions-podcast/id1223779199>

---

## Setting your phone up for a podcast:

1. **iOS – using Overcast as your app**  
<https://itunes.apple.com/us/app/overcast/id888422857?mt=8>
2. **iOS – using stitcher as your app**  
<https://www.stitcher.com/>
3. **Android**  
For Android users then “stitcher” – is great

<https://www.stitcher.com/download>

#### 4. **PC/Mac**

If you use a Computer then obviously you are not so mobile but it is simpler as all you have to do is press play.

(and make sure you have your headphones on and your sound switched on)