

Philosophy, values, expectations and principles

My values

1. I coach to help develop players, to help them be the best they can be
2. Everyone must have fun – but be “in the game”
3. I look to win but not at the expense of player development or the person’s wellbeing or mindset
4. I look to help develop not only the physical skills but also the soft skills (leadership, communication, mindset, teamship, attitude etc)
5. I look to develop a positive and encouraging environment

This means I focus on the process of development – ie how we are going to get to where we are going.

I am motivated by smiles, enjoyment and achievement of the individual

My expectations

I have 4 words that I lean on:

1. **Attitude** – be positive look to grow and accept that life is not fair but you are still going to nail it
2. **Commitment** – put everything into what you do – be the best you can in the moment
3. **Effort** – try, try and try again
4. **Respect** – for all – coaches, umpires and opposition

My standards (aka ...non-negotiables)

1. On time
2. Attentiveness and coachable

3. Be accountable
4. Motivated
5. Resilience – I need “jungle lions” not “zoo lions”
6. Teamship – no selfishness or gossip
7. Have a great attitude

My game principles (aka How I want to play the game!)

1. **Processes** – We focus on the processes and let the result take care of itself. (**Process = Result**)
2. **Possession** – We do not give the ball away (**Possession = Control**)
3. **Pressure** – We apply maximum pressure to the opposition at all times. (**Constant Forward Press**)
4. **Positions** – Everyone can play any position on the field at any given time. (**Flexibility**)
5. **Pitch** – We control the centre of the pitch. (**Control Centre = Control Game**)
6. **Composed & committed** – We keep calm and carry on

Quote

“Success is never an accident. Instead its an accumulation of the everyday little choices and decisions one makes on a daily basis”