

3v3 passing angles

Objective – Use the angles to penetrate the defense

GameFocusResetProgression

1. Each team attempts to score by passing to the other team
2. The other team when receiving must be in their goals
3. If they do then the defenders attack their players exit the pitch
4. If the defenders win the ball then they attack the other way

Goals are when the defenders receive the balls in their goals

1. Face the field
2. Defenders press and cover the angles
3. Communication
4. Quick opportunities
5. Drag the defenders

1. Start new attack

Add a second play – either defender or attacker

1. 5 balls per team
2. Time to score
3. Game length

