2 box - clear to space - #3

Objective: Win the ball and play to space ASAP

GameFocus/PrinciplesResetProgression

- 1. Start from the central box with 4 reds on outside and 2 blues "piggy in the middle"
- 2. Reds pass to each other around the box
- 3. When Blues win possession they play out to the supporting 4 blues = 6v4.
- 4. Two blues remain as floating players.
- 5. If red win possession becomes 4v2 again
- 6. Scanning the environment.

The focus on this game is transition to attack from defense with the EH elements of:

- 1. Keep
- 2. Create

With the principles of

- 1. Prescan
- 2. First touch next action
- 3. Stick to stick
- 4. My next job
- 1. Coach sends ball in
- 1. One touch
- 2. Two touch
- 3. Total number of passes with 5 balls



