

1V1 Different Angle Into Circle

GameFocus/ObjectivesTransition/ResetProgression

Description

Playing 1v1, try and score. It is important to play at speed and go close round the defender.

Defender has to try and get possession of the ball outside the circle.

Practice 5 times then change.

Coaching Points

Player 1 starts to attack the circle on succeeding or losing the ball to the defender Player 2 starts.

